

**FORM X**  
**(See clause (a) of sub-rule (3) of Rule 24)**

NOTICE OF DAILY HOURS OF WORK INTERVALS  
FOR REST AND WEEKLY HOLIDAY

Daily periods of work of persons employed  
Commencing

19 .

Name of the catering Establishment

Name of the employee	Whether young person or not	Time of commencement	Interval for rest	Time at which employment ceases	Weekly holiday
(1)	(2)	(3)	(4)	(5)	(6)

Date:

Employer.